

Vaping Support



Scan the QR codes below to find out more information on vaping and support services available to help you quit.

Quit Victoria



Support is available via a range of tools, including Quitline 13 7848 (a free and confidential counselling service).

Headspace



1-1 in person support is available at Headspace Wonthaggi. Support is also available via an online chat.

Lung Foundation Australia



Get the facts on e-cigarettes and vaping.

Kids Helpline: Teens



Support is available via phone 1800 55 1800 and an online counselling service.