

South Coast Active Classrooms Primary School Challenge

Primary Teachers in Bass Coast and South Gippsland Shire (South Coast) are invited to get students involved in the Active Classrooms School Challenge!



Active classrooms incorporate movement into classroom learning. Small changes in the classroom can have a big impact on student learning, behaviour, health and contributes to their daily activity levels.

Active classrooms involve:

- Active breaks between and within learning activities
- Learning activities which involve movement
- Learning outdoors.

Empower primary school students to be leaders for change by creating and leading their own active classroom activities.

Ideas of student-led active classroom activities include:

- Active breaks that can be used as a reset between learning activities, which could be presented as movement cards, posters, videos or games
- Suggesting how movement could be incorporated into learning activities, such as jumping to count or walking to measure distances
- Leading a learning activity outdoors, such as at the oval, in shaded areas or in the school vegetable garden.

Schools can win a \$250 gift card to support students to be active!

Below are resources to support the development of active classroom activities

Learn more about the Active Schools initiative, including active classrooms:

- [ACHPER Victoria - Active Schools](#)
- [ACHPER Victoria - Active Classrooms](#)

Support students to develop their own active break activities. Inspire students with these existing activities and resources:

- South Coast Prevention Team - Movement Break Cards ([Template & Worksheet](#))
- ACHPER Victoria - Student Leadership Active Classrooms Case Study ([Video](#))
- ACHPER Victoria - Active Classrooms Energizers ([Video](#))
- ACHPER Victoria - Active Break Domino Effect ([Game](#))
- ACHPER Victoria - Active Break UNO Literacy Attack ([Game](#))
- ACHPER Victoria - Active Break UNO Workout Attack ([Game](#))
- ACHPER Victoria - Active Break Human Boggle ([Game](#))
- TransformUs - Active Lessons & Active Breaks ([Online Resources](#))

Support students to lead outdoor learning sessions. Below are a range of teacher toolkits developed by Outdoors Victoria to inspire and support learning in the outdoors.

- [Physical Education Toolkit](#)
- [The Arts Toolkit](#)
- [Mathematics Toolkit](#)
- [Geography Toolkit](#)
- [Health Education Toolkit](#)
- [Urban Environments Toolkit](#)
- [Reading and Writing Toolkit](#)
- [Speaking and Listening Toolkit](#)
- [Music Toolkit](#)
- [Languages \(LOTE\) Toolkit](#)

South Coast Active Classrooms Primary School Challenge

Conditions of Entry:

- The South Coast Active Classrooms Primary School Challenge is open to all primary schools in Bass Coast and South Gippsland shires.
- The challenge opens Tuesday 22 April 2025 (start of Term 2).
- The challenge closes Friday 19 September 2025 (end of Term 3).
- To enter the competition, school staff can send a short description with optional images explaining how student initiatives have been implemented to promote an active classroom(s) (2 pages max).
Submit your entry to prevention@basscoasthealth.org.au.
- Two winners will be selected based on the school's commitment, dedication and creativity of activities undertaken to promote active classrooms.
- The two winners will each receive a \$250 gift card to put towards supporting students to be active.
- The winners will be notified by Friday 10 October 2025.

**For questions about the South Coast Active Classrooms School Challenge
please contact the South Coast Prevention Team on
0438 057 040 or email prevention@basscoasthealth.org.au**