

VIC KIDS EAT WELL

\$200 INCENTIVE OPPORTUNITY

All kids deserve the opportunity for a healthy start.

Vic Kids Eat Well is an exciting Victoria-wide movement that supports schools and outside school hours care (OSHC) to boost healthy food and drink options so kids can learn, play and grow.

The \$200 incentive can be spent towards but not limited to:

- Establishing or further funding a kitchen garden
- Stephanie Alexander Kitchen Garden membership
- Supporting a healthy fundraiser
- Development of a school or OSHC cookbook created by students
- Health promoting books or cookbooks
- Kitchen supplies to create new healthy options
- Trialing new healthy options in the canteen or at school events
- Trialing new healthy options on your OSHC menu.

To be eligible, your school or OSHC needs to:

- Be located in Bass Coast or South Gippsland
- Join Vic Kids Eat Well by June 2024
- Plan a meeting with a member of the South Coast Prevention Team to complete the baseline survey
- Work towards one small or big bite as part of Vic Kids Eat Well.

To make the most of this opportunity please contact the South Coast Prevention Team on prevention@basscoasthealth.org.au or call 0409 798 861.

Incentive opportunity available until allocation has been exhausted.



South Coast Prevention Team

Working together with our community to achieve healthy lifestyles

**VIC KIDS
EAT WELL**

Vic Kids Eat Well is supported by the Victorian Government, and delivered by Cancer Council Victoria, in partnership with Nutrition Australia.